

**OUR ADVOCATES WORK AS
INDEPENDENT MENTAL HEALTH
ADVOCATES FOR THE BEXLEY
ADVOCACY PROJECT.**

**We can act as an independent voice
for people who have been detained
under the Mental Health Act**

CONFIDENTIALITY

We will not discuss with anyone what we or you have said without your permission.

We will only seek information with your permission and any information found will be revealed with you in full *(exceptions will apply and these can be explained to you by your Advocate).*

We will only breach confidentiality if you express an intent to cause harm to yourself or others. In this situation we will notify a member of staff but will continue to support you if you wish.

HOW TO CONTACT US

You can telephone us yourself or
ask a member of staff to contact us
020 8303 5816 Option 4

(Out of hours answer phone service)



Mind in Bexley

Milton House, 240A Broadway
Bexleyheath
Kent
DA6 8AS

Registered Charity: 1110130
Company Number: 5393807



Advocacy Project

INDEPENDENT MENTAL HEALTH ADVOCATE (IMHA)

**Have you been detained on a section
of the Mental Health Act ?**

Do You Know Your Rights?

**Are you on a Community Treatment
Order?**

Being conditionally discharged ?

IF SO WE CAN HELP YOU.

**AN INDEPENDENT VOICE
FOR PEOPLE WITH MENTAL
HEALTH DIFFICULTIES**

REFERRAL PROCESS

You should be told by the NHS Trust
detaining you about your rights to an IMHA,
both verbally and in writing.

You will be asked if you want to see an IMHA.

A referral form will be faxed to the IMHA
Provider.

You will then meet with an IMHA within 7 days.

Mind in Bexley IMHA Service is available to

all Bexley Borough Residents.

Patient Groups Covered include:

Older Adults 65+

Adult Mental Health 18– 65

Younger Adults 16 and 17

Children and Adolescents

Forensic patients

IMHA INFORMATION



Who qualifies for an IMHA



Detained Patients, except those
on emergency section

Those on Supervised/Conditional
Discharge

Community Treatment Orders (CTO).

Informal patients discussing the
possibility of serious treatment such
as Neurosurgery for mental disorder,
or ECT for under 18's

WE CAN HELP BY

Listening to your concerns

Support you in stating your point of view

If you would like to talk to us about
how we may be able to support you



020 8303 5816 Option 4

(Answering machine out of office hours)



advocacy@mindinbexley.org.uk



www.mindinbexley.org.uk/advocacy



Bexley **NHS**
Care Trust