

Referral Guidelines: For Mentees of the project

Often other agencies refer to the project and can be unclear of the referral guidelines and criteria for the service therefore this document has been produced to clarify the criteria of the mentees relevant and appropriate for this service.

Mentees must live in the London Borough of Bexley, must be over 18 years of age and must be 'ready for positive change' and 'must have their own idea of their recovery path and what they realistically want to achieve' – be willing and able to make, alongside their mentor, an action plan, discuss openly all parts of their life, relevant to being able to assess their needs and requirements with the Mental Health Recovery Star.

Furthermore, they must be risk assessed as suitable and show no signs of alcohol or drugs misuse or have no recent history of violence or similar. References/CRB and other checks may be undertaken. A referral form (registering interest) must be filled in by the referrer and returned to the Mind2Mind Co-ordinator. Mentees will not be accepted onto the project or offered an interview/assessment without this.

Mentees must be available and reliable to commit to meeting with their mentor for 1 to 2 hours minimum weekly for a period of 6 months